


Age of Child	Focus of Development	Ask yourself: Is this a good activity to do with my child (Developmentally Appropriate)? If you answer yes to any of the questions, then it shows quality.
<p>7-8 Years</p>	<p>Physical, mental and social skills are rapidly developing.</p> <p>Attention Span is about 16 minutes. Screen Time should be limited to about 1.5 hours a day.</p> <p>The child enjoys answering open-ended questions, discussions about the family's values, making independent decisions, uses a vocabulary of several thousand words, and solves more complex problems.</p> <p>The child is emotionally sensitive and may have strong emotional reactions.</p>  <p>The child is very curious about the world we live in. He enjoys projects and play that build on interest about the world around him.</p> <p>The child is developing morals and a value system.</p> <p>Show support by talking with your child about future goals, responsibility, and patience.</p> <p>Take time to have fun with your child such as playing board games and reading.</p>	<ul style="list-style-type: none"> ○ Does this activity help to build a sense of responsibility? ○ Does this activity allow him to express experiences or thoughts? ○ Does this activity help build concern for others? ○ Does this activity help build self-control? ○ Does this activity help develop independence? ○ Does this activity aid in understanding his/her place in the world? ○ Is this cultural experience centered around the child's interest? ○ Does this activity have clear rules and directions to follow? 