


Age of Child	Focus of Development	Ask yourself: Is this a good activity to do with my child (Developmentally Appropriate)? If you answer yes to any of the questions, then it shows quality.
<p>6-7 years</p>	<p>The child enjoys exploring, reading, reasoning, problem solving, communicating through conversation, writing and developing lasting friendships.</p>  <p>The child is building on social skills and physical abilities. Competition should be at an individual level. For example: meeting their own goals and doing better.</p> <p>Show that you care about their needs, interests and their relationship with you.</p> <p>Demonstrate genuine enthusiasm for the task at hand.</p> <p>Encourage persistence, support the child when they try new tasks.</p> <p>Watch digital media with your child. Limit screen time and allow only high-quality programming. Co-viewing is best when possible. Young children learn best when they can experience what they hear and see on the screen in the real world.</p>	<ul style="list-style-type: none"> ○ Does the child have a desire to read? ○ Does the child have the motivation to solve mathematic problems? ○ Does this activity allow the child to use mental representations and think in concepts of height, length, etc.? ○ Does this physical activity promote cooperation and validation? ○ Does this activity build on empathy skills, express respect and appreciation for diversity? ○ Does this activity help to develop collaboration with others? ○ Does this activity help build a sense of connection between the child and another person (an adult or another child)? 