


Age of Child	Focus of Development	Ask yourself: Is this a good activity to do with my child (Developmentally Appropriate)? If you answer yes to any of the questions, then it shows quality.
<p>3-5 years</p>	<p>The ages of 3-5 are known as the “Magic Years” because children use more words, their imagination soars, their bodies start to get stronger, they can plan and create.</p> <p>Attention span develops up to 10 to 15 minutes, but this takes time to develop over these two years. Three-year-olds will have about 6-8 minutes.</p>  <p>Watch digital media with your child because they learn from watching & talking with you. Limit screen time and use only high-quality programming.</p> <p>Viewing with your child is best when possible. Young children learn best when they can experience what they saw on the screen in the real world, so re-teach what was presented on the screen in a real-world, hands-on way.</p>	<ul style="list-style-type: none"> ○ Does this activity allow your child to create with materials such as paints, markers, crayons? ○ Does this activity ask you to look for problem solving opportunities and then ask your child for some ideas? ○ Does this activity ask your child to write or attempt to write in a meaningful way? ○ Does this activity ask your child to pretend play with different props? ○ Does this activity ask your child to use numbers in a meaningful or fun way? ○ Does this activity ask your child to use their whole body to play? ○ Does this activity ask your child to create a game and rules for you to play together? ○ Does this activity ask your child to learn a new song or make one up? ○ Does this activity ask your child to use their fingers in stacking, building, legos, or other quiet activities? ○ Does this activity ask your child to create their own stories and you to write them down for them? ○ Does this activity ask your child to use their imagination? 